

2020 Virtual Cavan Christmas Dash 5K

Pos	First Name	Last Name	Gender	Category	Running Club	Where Did You Run	Finish Time (Strava Time)
1	Marcus	Sheridan	MALE	Senior	Dundee Road Runners	Dundee	00:17:54
2	Ciaran	Morgan	MALE	Senior	Clones AC	Corraskea Clones	00:18:41
3	Kavan	Donohoe	MALE	Senior	Kilkenny Triathlon Club	Cavan	00:19:18
4	Samuel	Brady	MALE	Senior		Cavan Town	00:19:38
5	Liam	Mimnagh	MALE	Senior	Killygarry	Cavan	00:19:42
6	Peter	Watson	MALE	Senior		Cavan Town	00:20:40
7	Brendan	Jennings	MALE	Senior		Ballyhaise	00:20:48
8	Niall	Godfrey	MALE	Senior		Castleknock, Dublin 15	00:21:05
9	Tommy	Kenny	MALE	Senior		Cavan Town	00:22:12
10	Daniel	Brady	MALE	Senior		Cavan	00:22:59
11	Ivan	Watson	MALE	Veteran	Killygarry	Cavan Town	00:23:07
12	Thomas	Lynch	MALE	Senior		5k	00:23:11
13	Michael	Mulligan	MALE	Veteran		London	00:23:24
14	Paula	McDermott	FEMALE	Senior	Clones Athletics Club	Corraskea	00:23:53
15	Mary	Henry	FEMALE	Senior		Castlerahan	00:24:04
16	Rachel	Watson	FEMALE	Senior		Cavan Town	00:24:49
17	Matthew	Ryan	MALE	Senior		Cork	00:24:58
18	Hannah	Brady	FEMALE	Senior		Cavan Town	00:25:32
19	Cormac	Finn	MALE	Senior		Cavan Town	00:25:43
20	Edel	Sexton	FEMALE	Senior		Carricknashoke	00:26:01
21	Elaine	Anderson	FEMALE	Senior		Cavan	00:26:16
22	Gayle	Anderson	FEMALE	Senior	Annalee	Cavan	00:26:16
23	Niamh	O brien	FEMALE	Senior		West cork	00:26:27
24	Jeff	Moran	MALE	Senior		Ballinteer	00:26:56
25	Neil	Quigley	MALE	Senior		Lattoon	00:27:04
26	Michelle	Conaty	FEMALE	Veteran		Virginia woods	00:27:05
27	Emma	Conaty	FEMALE	Senior		Lattoon	00:27:06
28	Leo	Jennings	MALE	Junior		Ballyhaise	00:27:12
29	Harry	Jennings	MALE	Junior		Ballyhaise	00:27:12
30	Colm	Caffrey	MALE	Senior		Somerville	00:27:13
31	Mark	Lindsey	MALE	Senior		Horsham, UK	00:27:39
32	Oisín	Dolan	MALE	Senior		Killygarry	00:28:33
33	Anthony	O reilly	MALE	Senior	Smugglers cc	Sliabh russell	00:28:47
34	David	Norris	MALE	Senior		Piltown	00:28:51
35	Mark	Lynch	MALE	Veteran		Shankill Cavan	00:28:57
36	Kathleen	Wedlock	FEMALE	Senior		Kill GFC	00:30:00
37	Peter	Godbold	MALE	Senior		Brighton	00:30:47
38	Sara	Leddy	FEMALE	Senior		Brighton	00:30:52
39	Ann	Pollock	FEMALE	Senior	Cuilcagh Triathlon Club	Newtowngore	00:31:06
40	Grażyna	Żelazna	FEMALE	Senior	Polish Runners Club Ireland	Cavan. The route of the run from 2019	00:31:33
41	Ewelina	Kwiecien	FEMALE	Senior		Around Cavan Town	00:31:33
42	Sally	Dolan	FEMALE	Veteran	Killygarry Running Club	Killygarry	00:32:49
43	Helen	MC Keever	FEMALE	Senior		Pairc Emmet Butlersbridge	00:33:39
44	Kit	Mcbride	FEMALE	Veteran		Deerpark forest virginia	00:34:25
45	Claire	Brady	FEMALE	Senior		Laragh	00:35:06
46	Christina	Brosnan	FEMALE	Senior		Newbridge	00:36:41
47	Rachael	Brady	FEMALE	Senior		Cavan	00:36:51
48	Lorcan	Brady	MALE	Senior		Cavan Town	00:38:52
49	Phoebe	Brady	FEMALE	Senior		Cavan Town	00:38:52
50	Verena	Cunningham	FEMALE	Senior		Cavan Town	00:42:00
51	Deirdre	Brady	FEMALE	Senior		Cavan Town	00:42:04
52	Eileen	Burkesmyth	FEMALE	Veteran		Drumcrave	00:44:43
53	Evon	Smyth	MALE	Senior		Drumcrave	00:44:43
54	Edina	Sury	FEMALE	Senior		Cavan Town	00:47:32
55	Colin	Brosnan	MALE	Senior		Newbridge	00:48:19
56	Stuart	Bazley	MALE	Veteran		Brentwood	00:48:32
57	Beatrice	Bazley	FEMALE	Junior		Brentwood	00:48:32
58	Mary	Bazley	FEMALE	Veteran		Brentwood	00:48:32
59	Harriet	Bazley	FEMALE	Junior		Brentwood	00:48:32
60	Angela	Maddwn	FEMALE	Veteran		7km	00:49:02
61	Barry	McGovern	MALE	Senior		Cavan Town	00:55:13
62	Neill	Muimneach	MALE	Veteran		New York, USA	00:58:06
63	Cutie	Britton	MALE	Junior		Newcastle, Co Dublin	01:00:00
64	Deirdre	Britton	FEMALE	Senior		Newcastle, Co Dublin	01:00:00
65	Clodaghbear	Britton	FEMALE	Junior		Newcastle, Co Dublin	01:00:00
66	Fergal	Britton	MALE	Senior		Newcastle, Co Dublin	01:00:00
67	Scaldy	Britton	MALE	Junior		Newcastle, Co Dublin	01:00:00
68	Catherine	Clerkin	FEMALE	Veteran		Dennbawn	01:00:26
69	Lorraine	Bennett	FEMALE	Senior		Castletara	01:01:01
70	Philip	Brady	MALE	Veteran		Cavan town	01:03:26
71	Carmel	Comiskey	FEMALE	Veteran		London	01:05:01
72	Janet	Morgan	FEMALE	Senior		Aberlour Scotland	01:57:00
73	Roisin	Mccann	FEMALE	Senior		Castle Saunderson Forest	
74	Jenny	Klujeva	FEMALE	Senior		Nenagh	

75	Amy	Mcatackney	FEMALE	Senior		Bawnboy	
76	Siobhan	O'reilly	FEMALE	Senior		Cork	
77	Gillian	Gormley	FEMALE	Senior		Cavan	
78	Rachel	Smith	FEMALE	Senior		Cavan	
79	Keelan	Galligan	MALE	Junior		Cavan	
80	Ella	Galligqn	FEMALE	Junior	Killygarry	Cavan	
81	Denise	Galligan	FEMALE	Senior	Killygarry	Cavan	
82	Raymond	Galligan	MALE	Senior		Cavan	
83	Louise	Mcmanus	FEMALE	Veteran	Cuilcagh Triathlon Club	Bawnboy	
84	Anne	Martin	FEMALE	Veteran	Cuilcagh Triathlon Club	Bawnboy	
85	John	Martin	MALE	Veteran	Cuilcagh Triathlon Club	Bawnboy	
86	Kieran	Reilly	MALE	Senior		Near my home	
87	Ann marie	Smith	FEMALE	Senior		Pheonix park	
88	Aaron	Binchy	MALE	Veteran		Pheonix park	
89	Karen	Sonnellitter	FEMALE	Senior		Albany, New York	
90	Caroline	Henry	FEMALE	Veteran		Butlersbridge	
91	Wendy	Mc dermott	FEMALE	Veteran		Emmet Park, Butlersbridge	
92	Eoghan	Patton	MALE	Veteran		Dublin	
93	Fionn	Patton	MALE	Junior		Dublin	
94	Eilis	Patton	FEMALE	Senior		Dublin	
95	Dermot	Carragher	MALE	Senior		Castleblayney	
96	Hugh	Lennon	MALE	Veteran	Terrycoyletrack	Cavan	
97	Padraic	Leddy	MALE	Senior		Castletara	
98	Margaret	Clarke	FEMALE	Veteran		Virginia Forest Park	
99	Ciaran	Macelduff	MALE	Junior	Rathkenny AC	Navan	
100	Adrian	Tierney	MALE	Senior	Newbridge AC	Navan	
101	Gillian	Collins	FEMALE	Senior		Cavan	
102	Niall	Collins	MALE	Senior		Cavan	
103	Aoife	Binchy	FEMALE	Junior		Oxfordshire, England	
104	Kate	Binchy	FEMALE	Senior		Oxfordshire, England	
105	Darragh	Binchy	MALE	Senior		Oxfordshire, England	
106	Jack	Izod	MALE	Junior		Oxfordshire, England	
107	Jack	Izod	MALE	Junior		Oxfordshire, England	
108	Donnacha	Izod	MALE	Junior		Oxfordshire, England	
109	Patrick	Binchy	MALE	Veteran		Oxfordshire, England	
110	Siobhán	Binchy	FEMALE	Veteran		Oxfordshire, England	
111	Aoife	Binchy	FEMALE	Junior		Oxfordshire, England	
112	Thom	Izod	MALE	Senior		Oxfordshire, England	
113	Dan	Binchy	MALE	Senior		Oxfordshire, England	
114	Shalom	Binchy	FEMALE	Senior		Dublin	
115	Paul	Dermody	MALE	Junior		Dunboyne	
116	Martin	Reilly	MALE	Senior		Terry Coyle Cavan	
117	Jennifer	Donohoe	FEMALE	Senior		Cavan	
118	Kate	Smith	FEMALE	Senior		Cavan	
119	Jessica	Moore	FEMALE	Senior		Cathedral Road Cavan	
120	Tara	Truyen	FEMALE	Senior		Cathedral Road Cavan	
121	Carmel	Truyen	FEMALE	Veteran		Cathedral Road Cavan	
122	Pamela	Cleary	FEMALE	Senior		Around home	
123	Jim	Brady	MALE	Senior		Around home	
124	Aoife	O'neill	FEMALE	Senior		The O'Neill family	
125	Erinn	Galligan	FEMALE	Junior		Drumkilly	
126	Niall	Maguire	MALE	Senior	Clones AC	Clones	
127	Lynn	Maguire	FEMALE	Senior		Cavan	
128	Kieran	Millar	MALE	Senior		26th december	
129	Niall	Maguire	MALE	Senior	Clones AC	Clones	
130	Louise	Reilly	FEMALE	Senior		Stradone	
131	Daire	Nulty	MALE	Senior	Pulse Triathlon Club	Knockbride gaa pitch	
132	Richard	Morgan	MALE	Senior		Maidenhead	
133	Ryan	Little	MALE	Senior		Belturbet	
134	Barry	Mchugh	MALE	Senior		Killygarry pitch	
135	Aoife	Sexton	FEMALE	Junior		Cavan	
136	Ciaran	Sexton	MALE	Senior		Cavan	
137	Anne	Sexton	FEMALE	Veteran	Lacken Running Club	Cavan	
138	Diarmaid	Sexton	MALE	Junior		Cavan	
139	Paul	Dolan	MALE	Veteran	Killygarry Running Club	Killygarry	
140	Martina	Shanley	FEMALE	Senior		Knockbride pitch	
141	Patrick	Fitzpatrick	MALE	Veteran		No	
142	Nellie	Fitzpatrick	FEMALE	Veteran		No	
143	Brid	Mimnagh	FEMALE	Senior		Fairview park	
144	Anna	Reilly	FEMALE	Veteran		Flemings folly	
145	Aine	O'reilly	FEMALE	Senior		Ballyjamesduff	
146	Eileen	Smith	FEMALE	Veteran		Corick	
147	Eimear	Smith	FEMALE	Senior		Corick	
148	Noel	Mchugh	MALE	Veteran	Killygarry	Killygarry	
149	Amanda	Muimneach	FEMALE	Veteran		New York	
150	Peter	Gibson	MALE	Senior	St Brigids AC	Mountnugent	
151	Jana	Trnkova	FEMALE	Senior		Co. Cavan ♥	
152	Enda	Tierney	MALE	Senior		London	

153	Alan	Smith	MALE	Senior		Mountnugent	
154	Kevin	Moyles	MALE	Senior		Dunboyne	
155	Janet	Mcnally	FEMALE	Senior		Sydney	
156	Paula	Smith	FEMALE	Senior		Cavan	
157	Seán	Lovett	MALE	Junior		Ballyjamesduff	
158	Darragh	Lovett	MALE	Junior		Ballyjamesduff	
159	Molly	Lovett	FEMALE	Junior		Ballyjamesduff	
160	Mary	Lovett	FEMALE	Senior		Ballyjamesduff	
161	John	Lovett	MALE	Veteran		Ballyjamesduff	
162	Annette	Mcconnell	FEMALE	Senior		Cavan	
163	Ann	Mccorry	FEMALE	Veteran	Annalee AC	Butlersbridge	
164	Enda	Carolan	MALE	Senior		Dublin	
165	Susan	Dowd	FEMALE	Senior		Ballyhaise	
166	Kathleen	Mcgovetn	FEMALE	Senior	Killygarry	Remotely	
167	Tracy	Talbot	FEMALE	Senior		Cavan	
168	Aidan	Cahill	MALE	Senior		Ickenham Middx England	
169	Sinead	Gray-martin	FEMALE	Veteran		Santry Demense	
170	Aoife	Comiskey	FEMALE	Junior		Drumackinoe Cavan	
171	Cara	Comiskey	FEMALE	Senior		Drumackinoe Cavan	
172	Jamie	Comiskey	MALE	Junior		Drumackinoe Cavan	
173	John joe	Comiskey	MALE	Veteran		Kilmessan Meath	
174	Declan	Comiskey	MALE	Veteran		Drumackinoe Cavan	
175	Michael	Comiskey	MALE	Veteran		Drumackinoe Cavan	
176	Cathal	Comiskey	MALE	Senior		Drumackinoe Cavan	
177	Meave	Comiskey	FEMALE	Senior		Drumackinoe Cavan	
178	Martha	Comiskey	FEMALE	Junior		Drumackinoe Cavan	
179	Ryan	Comiskey	MALE	Junior		Drumackinoe Cavan	
180	Mary	Nulty	FEMALE	Veteran		Drumackinoe Cavan	
181	Claire	Markey	FEMALE	Senior		Drumackinoe Cavan	
182	Oliver	Comiskey	MALE	Senior		Drumackinoe Cavan	
183	Sarah	Comiskey	FEMALE	Junior		Drumackinoe Cavan	
184	Megan	Comiskey	FEMALE	Junior		Drumackinoe Cavan	
185	Oisin	Comiskey	MALE	Junior		Drumackinoe Cavan	
186	Maggie	Comiskey	FEMALE	Veteran		Drumackinoe Cavan	
187	D.	Comiskey	MALE	Senior		Drumackinoe Cavan	
188	Caroline	Comiskey	FEMALE	Junior		Drumackinoe Cavan	
189	Emer	Reilly	FEMALE	Senior		Killykeen	
190	Frank	Crowe	MALE	Senior		Cavan	
191	Aisling	Brady	FEMALE	Senior		Cavan	
192	Rosaleen	Brady	FEMALE	Veteran		Cavan	
193	Sinead	Brady	FEMALE	Senior		Cavan	
194	Stephen	Mchugh	MALE	Senior		Killygarry pitch	
195	Leo	Reilly	MALE	Senior		Virginia forest	
196	Christopher	O reilly	MALE	Senior		Miltown	
197	Martin	Smith	MALE	Senior		Cornafean park	
198	Declan	Brennan	MALE	Senior	Tropicana	the airy mountains and down the rushy glen	
199	Tony	Brady	MALE	Veteran		Lee valley country park, waltham cross	
200	Lisa	Brady	FEMALE	Senior		Lee valley country park, waltham cross	
201	Terry	Reynolds	MALE	Senior		Not	
202	Ailish	Crowe	FEMALE	Senior		Cavan	
203	Terry	Crowe	FEMALE	Veteran		Cavan	
204	Bernadette	Dowd	FEMALE	Veteran		Clonakilty Co. Cork	